

Wc – 06/09/21		GROVELANDS COMMUNITY PRIMARY SCHOOL			
WEEK ONE	THE LUNCHROOM MENU				
	MAIN	VEGETARIAN OPTION	SIDES	BREAD	DESSERTS
Monday	Hawaiian pizza Homemade wedges	Cheese and tomato pizza Homemade wedges	Carrot sticks Cucumber sticks Pepper sticks		Fruit salad
Tuesday	BBQ chicken wrap	Vegetable and kidney bean wrap	Sweetcorn and pepper salad Cheese		Chocolate brownie
Wednesday	Roast gammon Roast potatoes Vegetarian gravy	Quorn roast Roast potatoes Vegetarian gravy	Seasonal vegetables		Bread and butter pudding With custard
Thursday	Beef spaghetti bolognaise Homemade tomato and vegetable sauce	Mixed bean spaghetti bolognaise	Cheese Salad	Garlic bread	Strawberry ice-cream pots
Friday	Breaded fish fillet Chips	Battered halloumi Chips	Baked beans Sweetcorn	Slices of wholemeal buttered bread	Homemade cookie
		If your child has an allergy or food intolerance, please inform the school office and this will be catered for.			

**NB:**

- Fresh fruit is available each day as an alternative to any dessert
- Jacket potatoes are available upon request
- Fresh water and milk is served with each meal

Wc – 13/09/21		GROVELANDS COMMUNITY PRIMARY SCHOOL			
WEEK TWO	THE LUNCHROOM MENU				
	MAIN	VEGETARIAN OPTION	SIDES	BREAD	DESSERTS
Monday	Homemade lasagne	Homemade vegetable lasagne	Salad	Garlic bread	Vanilla sponge custard Vegan jelly pots
Tuesday	Mild chicken curry with peas, mushrooms and green beans Rice	Yellow curry with green beans, potatoes and carrots Rice		Naan bread	Apricot flapjack
Wednesday	Cottage pie	Mixed bean cottage pie	Seasonal vegetables		Banana bread and ice-cream
Thursday	Pasta shells Homemade tomato sauce Tuna	Pasta shells Homemade tomato sauce Chick peas	Cheese Roasted Mediterranean vegetables	Garlic dough balls	Vegan jelly pots
Friday	Hot dog Chips	Vegetarian hot dog Chips	Fried onions Cucumber sticks Halved plum tomatoes Condiments		Fruit crumble and ice-cream
		If your child has an allergy or food intolerance, please inform the school office and this will be catered for.			

Wc – 20/09/21		GROVELANDS COMMUNITY PRIMARY SCHOOL			
WEEK THREE		THE LUNCHROOM MENU			
	MAIN	VEGETARIAN OPTION	SIDES	BREAD	DESSERTS
<b>Monday</b>	Beef burger in a bun Diced potatoes	Vegan burger in a bun Diced potatoes	Cheddar cheese slices Tomato slices Lettuce Condiments		Vanilla and orange shortbread biscuit
<b>Tuesday</b>	Mexican chicken grill and rice	Mexican vegetarian grill and rice	Corn on the cob Cheese Salsa Greek yogurt	Nachos	Chocolate cornflake or rice crispy cakes
<b>Wednesday</b>	Roast pork Roast potatoes Gravy	Lentil roast Roast potatoes Vegetarian gravy	Seasonal vegetables Apple sauce	Wholemeal warm mini rolls with butter	Homemade chocolate bread pudding
<b>Thursday</b>	Macaroni cheese	Macaroni cheese	Steamed broccoli, spinach and green beans	Bruschetta with tomatoes	Yogurt and fruit
<b>Friday</b>	Fish burger Chips	Chick pea burger Chips	Salad Homemade coleslaw Condiments		Homemade cookie
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